

HCG is a hormone that a woman's body produces when she is pregnant. When someone follows the HCG diet protocol, it sends a signal to the brain to release and burn your own fat reserves, particularly those on the abdomen, hips, and thighs. Because HCG works in this way:

- It is muscle sparing, and has a sculpting effect much like one might see after spending \$1000s on liposuction.
- Your body will NOT go into a "starvation mode," making it so much easier to keep the weight off compared to traditional dieting.
- Chronic dieters may find that they will actually be able to eat more food than they did before their HCG diet, and are still able to maintain their newly achieved weight.

Our program at Le Beau Visage Medical Spa is a medically supervised program with exceptional education and support. Listed below is what you can expect of our process.

- Patient makes payment for the program.
- Labwork (CBC, Chem 20, Triglyceride Panel) is required for Dr. Reih's to review. Patients may submit their own lab results if they have been done within the last year, or they may obtain an order from the office and have them drawn at their lab of choice.
- Patient attends the HCG class. Classes are offered every other Wednesday night from 6-7:30.
- HCG will be picked up in the office and syringes provided for daily self injections.
- Patient will schedule and attend 2-3 subsequent nurse visits where progress will be reviewed, questions answered, and recommendations made. Patients may also receive their liposlim injection at this visit as well. The cost of the liposlim injection is \$25.
- Patients will have ongoing access to educational materials online.
- Patients will be able to call or text our nurse with any questions or concerns throughout their course.
- Please note that the office will need 10 days notice and full payment before HCG will be ready for pick up

We believe there isn't a better value out there. Many other clinics will simply give you a script for the HCG and brief description of what you can eat and leave the rest up to you. Our program is customized for each patient. Injections are used instead of creams or drops to allow small dosing adjustments throughout your course if needed. We want to give you the resources and support you need to achieve your weight loss and body contouring goals.